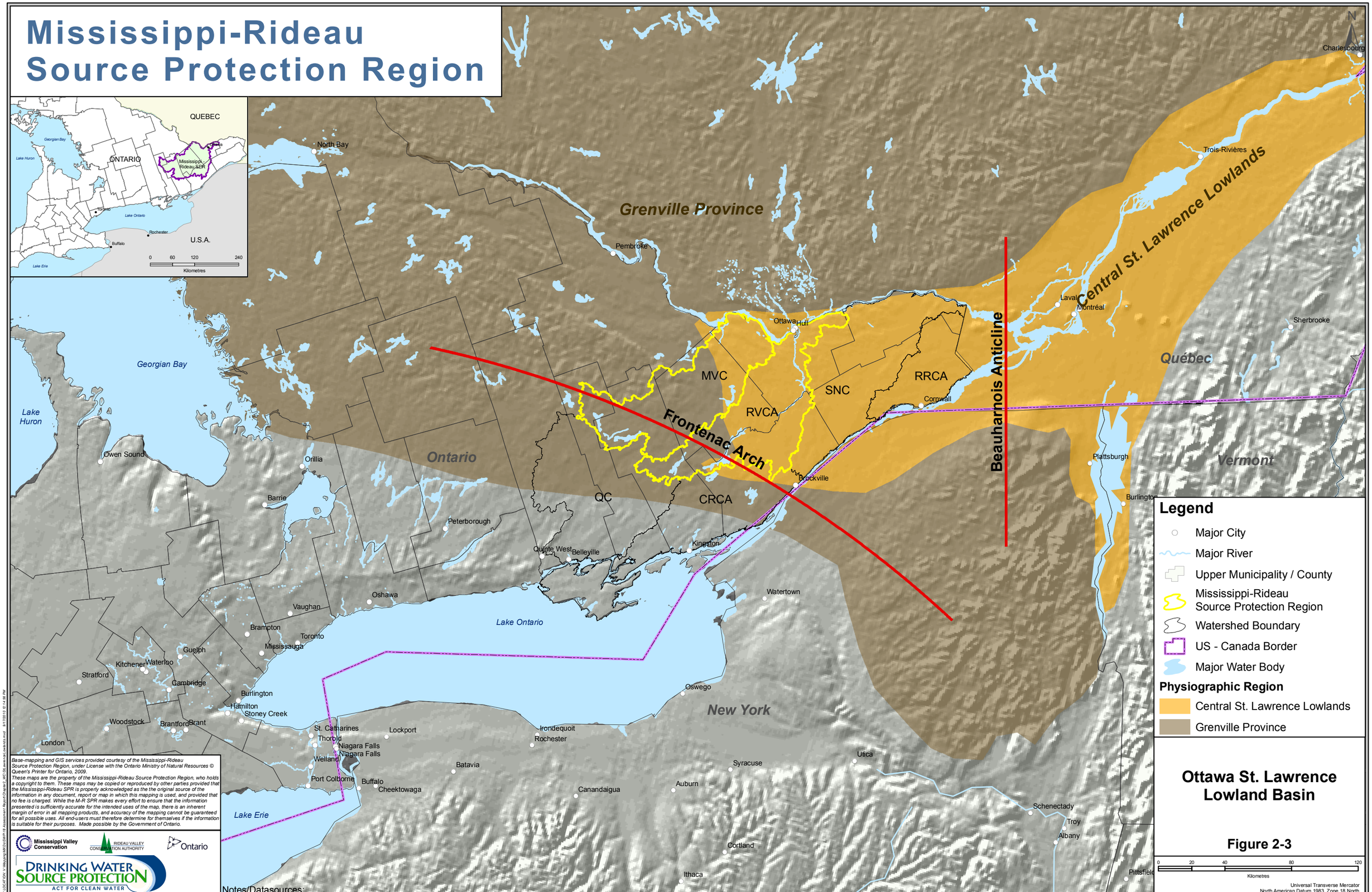Mississippi-Rideau Source Protection Region